

# CASE STUDY

## Compliance to Medical Orders

### Overview

Charley is an 85 year old man living independently in his rural home. envoyatHome monitors Charley's start and end of day routines, bathroom duration and frequency, his departure and arrival to his home and other safety interests. Of particular concern to his family are 2 steep, narrow staircases that both his family caregivers and his physician consider a hazard. Charley has been counseled to avoid the staircases.

### Approach

Knowing that envoyatHome is in his home encourages Charley to avoid the staircases. In concurrence with Charley and his doctor, his family caregivers monitor the staircases as both a deterrent and to ensure Charley safely traverses the steps should he use it against doctor's orders.

### Results

With envoyatHome as support, Charley has generally been compliant to the medical orders to avoid the staircase. On the occasions where he has decided to use the stairs anyway, his family is notified that he has safely done so.

### Conclusions

Family caregivers are faced with innumerable decisions, many of them tradeoffs between safety, trust, and respecting the dignity and independence of their loved ones. Whether a loved one has been recently discharged from the hospital, ER, or rehab, or is under medical orders for a chronic condition, envoyatHome helps families navigate these decisions with data, not guesswork, empowering seniors to age at home cost effectively and safely.